







October 2021 St. James

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza Vegetable Juice Fruit & Milk
4 Chicken Patty Corn Fruit & Milk	5 Soft Bread Sticks Marinara Sauce Broccoli String Cheese Fruit & Milk	6 Chicken Nuggets Green Beans Fruit & Milk	7 Hamburger French Fries Fruit & Milk	8 Pizza Roasted Chickpeas Carrot Sticks Low Fat Dip Fruit & Milk
11 No School Columbus Day 	12 Cheese Quesadilla Rice & Beans Fruit & Milk	13 Turkey Sandwich Baby Carrots Low Fat Dip Fruit & Milk	14 Chicken Tenders Mixed Vegetables Fruit & Milk	15 Pizza Spinach Salad Fruit & Milk
18 Mini Beef Quesadilla Corn Fruit & Milk	19 Mini Waffles Sausage Links String Cheese Vegetable Juice Fruit & Milk	20 No Lunch Served 	21 No Lunch Served 	22 Pizza Roasted Chickpeas Garden Salad Fruit & Milk
25 Mozzarella Sticks Marinara Sauce Broccoli Fruit & Milk	26 Hot Dog Baked Beans Cheddar Goldfish Fruit & Milk	27 Nachos Rice Salsa Fruit & Milk	28 French Toast Sticks Sausage Links Potato Puffs Fruit & Milk	29 No Lunch Served 

Our Bagel Meal is available daily for students as a vegetarian option

Milk is available with all lunches. Daily Milk Choices: 1%, Skim, Fat Free Chocolate
Menu subject to change

Meals are free for children 18 years and younger.

Adult Lunch Price: \$3.75

Purchases of just milk are not free and will be charged to families at \$0.40

**Please be sure to fund your child's lunch account if they
will be purchasing milk to go with a lunch from home**

Please log onto www.ezschoollpay.com to monitor your child's
account or call 860-647-3462

This Institution is an equal opportunity provider.