



January 2020 St. James



Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Choices include a variety of fresh, canned & 100% fruit juice	Milk is available with all lunches Daily Milk Choices: 1%, Skim, Fat Free Flavored	1 	2 Popcorn Chicken Mashed Potato with Gravy Carrots Choice of Fruit	3 Pizza Round Cheese or Pepperoni Crispy Roasted Chickpeas Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
6 French Toast Sticks Sweet Potato Puffs Sausage Links Choice of Fruit	7 Pasta & Meatballs Garden Salad Choice of Fruit	8 Chicken Nuggets Rice Broccoli and Cheese Sauce Choice of Fruit	9 Hamburger, Cheeseburger or Veggie Burger Baked Beans Choice of Fruit	10 Pizza Wedge Cheese or Buffalo Chicken Carrots Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
13 Chicken and Waffles Potato Puffs Choice of Fruit	14 Hot Dog on a Roll Baked Beans Oven Roasted Fries Choice of Fruit	15 Teriyaki Chicken Rice Broccoli Choice of Fruit	16 Nacho Supreme with Toppings Mexican Black Beans Choice of Fruit	17 Pizza Round Cheese or Pepperoni Roasted Parmesan Green Beans Choice of Fruit
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
20 No School 	21 Soft Shell Taco Lettuce, Sour Cream and Salsa Refried Beans Choice of Fruit	22 Breaded Cheese Bites Marinara Sauce Pasta Broccoli Choice of Fruit	23 Maple Glazed Pancakes Potato Puffs Sausage Links Choice of Fruit	24 French Bread Pizza Roasted Zucchini Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
27 Chicken Patty on a Whole Wheat Roll Green Beans Choice of Fruit	28 Soft Bread Sticks Meat Sauce Spinach Salad Choice of Fruit	29 Toasted Cheese Sandwich Tomato Soup Sweet Potato Fries Choice of Fruit	30 BBQ Beef Patty on a Whole Wheat Roll Oven Roasted Fries Choice of Fruit	31 Pizza Round Cheese or Pepperoni Crispy Roasted Chickpeas Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto www.ezschoollpay.com to monitor your child's account or call 860-647-3462

Grades K-6: \$2.45 - Grades 7-8: \$2.70

Reduced Lunch Price: \$.40

Adult Lunch Price: \$3.75

Milk Only: \$.40

